



Unless you are a professional driving instructor, chances are that behind the wheel driver training techniques and processes are unknown to you. Most states have adopted graduated drivers license (GDL) laws requiring that a responsible adult must ride along and supervise a teen as they practice. That means YOU! Driving Coach 101 is a web based course that was created for this very purpose. It provides you specific instruction and guidance so you can have the confidence to do just that.

Compelling Reasons

What makes the Driving Coach 101 program so compelling is how it emphasizes communication and family relationships combined with drive along activities that reinforce what your teen has learned in Crash Reduction 101. This unique focus balances your effectiveness as a driving coach with techniques on how not to lose your cool. Studies have shown that parent involvement during the first 20 to 50 hours of driving practice plays a significant part in the success of your teen's drivers education and are the most influential in establishing your teen's driving behavior. This lesson only takes about 20 minutes, yet provides the foundation needed to make you an effective driving coach. We realize that teaching your own child is stressful, Driving Coach 101 will provide you the confidence you need to successfully manage this stress.

Drive-Along Activities Included

After you have completed Driving Coach 101 you will have access to the drive-along activities that have been specifically created to reinforce the fundamentals your teen has learned in Crash Reduction 101. These activities will give you hours of structured practice time with your teen so they can hone those fundamentals and help you fulfill the requirements of your states GDL laws. Here are the key goals of those activities:

1. Search and Scan

- Scanning all around their forward path, mirrors and gauges regularly
- Identifying the hot spots that require more their attention
- Pace scanning so they are not looking away from the forward roadway for more than 2 seconds in any 6 second period
- Adjusting their scanning strategies according to changing road conditions

2. Hazard Recognition

- Recognizing visible hazards in a variety of driving situations
- Recognizing clues and masks that indicate hidden hazards
- Describe why a particular hazard is dangerous and can assess the level of danger
- Incorporating good driving practices such as speed management and scanning to detect hazards

3. Sight, Speed, and Space Management

- Adjusting speed and space to compensate for reduced visibility
- Adjusting speed to compensate for reduced space
- Adjusting space to compensate for increased speed
- Adjusting speed and space to create and maintain an appropriate safety cushion around the vehicle
- Preventing avoidable crashes by properly managing speed and space

4. Judging Safe Distance

- Identifying how big a Go Zone must be depending on the speed of oncoming traffic and the maneuver you're trying to perform
- Adapting Go Zones to varied conditions
- Understanding the influence of sight and speed on Go Zone requirements

5. Attention and Distraction

- Define cognitive load and identify how it influences attention capacity
- Identify/differentiate between optional and unavoidable distractions
- Anticipate optional and unavoidable distractions
- Eliminate optional distractions
- Use search and scan, hazard recognition, and good sight, speed, and space management skills to compensate for unavoidable distractions

HARDWARE AND SOFTWARE REQUIREMENTS

All of Street Smarts 101's courses are Web/Browser-Based and optimized to run on the Adobe® Flash® Player 10. You can take Street Smarts 101 courses on your PC or Mac computer via the Internet as long as it meets the hardware and software requirements as [prescribed by Adobe®](#):

Hardware

Adobe has tested Adobe® Flash® Player 10 software extensively on the following minimum hardware configurations:

Windows®	Macintosh
Intel® Pentium® II 450MHz, AMD Athlon™ 600MHz or faster processor (or equivalent)	PowerPC® G3 500MHz Intel Core™ Duo 1.33GHz or faster processor
128MB of RAM	128MB of RAM
128MB of VRAM*	

*Recommended for GPU hardware acceleration–dependent features. Flash Player use software mode for systems that do not meet the system requirements.

Operating systems and browsers

Flash Player 10 is supported on the following minimum operating systems and browsers:

Windows

Platform	Browser
Microsoft® Windows Vista®	Microsoft Internet Explorer 7.0 or later, Firefox 2.x, Firefox 3.x, AOL 9, Opera 9.5 or later, Safari 3.x, Chrome 2.0 or higher
Microsoft® Windows XP	Microsoft Internet Explorer 7.0 or later, Firefox 2.x, Firefox 3.x, AOL 9, Opera 9.5 or later, Safari 3.x, Chrome 2.0 or higher
Microsoft® Windows 2000	Microsoft Internet Explorer 7.0, Firefox 2.x, Firefox 3.x, AOL 9, Opera 9.5
Microsoft® Windows 7	Microsoft Internet Explorer 8.0 or later, Firefox 3.x or later

NOTE: Microsoft® Internet Explorer 6.0 is NOT compatible with the Street Smarts 101 Courseware.

Macintosh¹

Platform	Browser
Mac OS X v10.4 or later (PowerPC)	Firefox 2.x, Firefox 3.x, ALL for Mac OS X, Opera 9.5, Safari 3.x.
Mac OS X v10.4 or later (Intel)	Firefox 2.x, Firefox 3.x, Opera 9.5, Safari 3.x
Mac OS X v10.6	Firefox 3.x or later, Safari 4.x or later

¹ATI Rage 128 GPU does not support full-screen mode with hardware scaling.

IN ADDITION: Street Smarts 101 requires that all browsers must support Java and JavaScript, use of a pointing device such as a mouse and that the computer hardware is equipped with speakers or headphones.

INTERNET CONNECTION REQUIREMENTS

Street Smarts 101 prescribes minimum Internet Connection Speed requirements for accessing and using our courseware:

Street Smarts 101 courses are highly interactive and contain rich media, so you will need a Broadband Internet connection capable of a download speed of 800 Kilobits Per Second (kbps) or greater.